

Alzheimer's: A Disease Not A Disgrace™

Jim Mangi

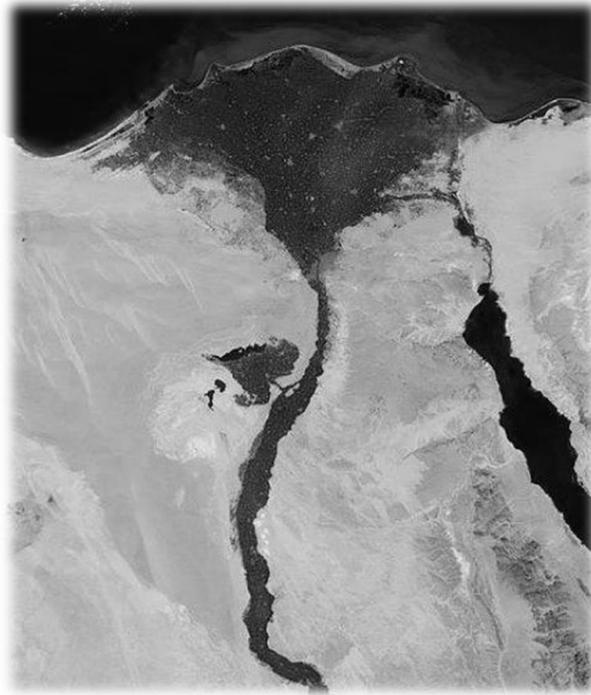
Disease Not A Disgrace™

Kathleen Then and Now



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One of The World's Most Powerful Rivers



.....Denial

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How Big a Problem?

More than 7 million Americans have Alzheimer's or another dementia: more than the combined populations of these states:



Ten years from now, add the equivalent of Nebraska's population

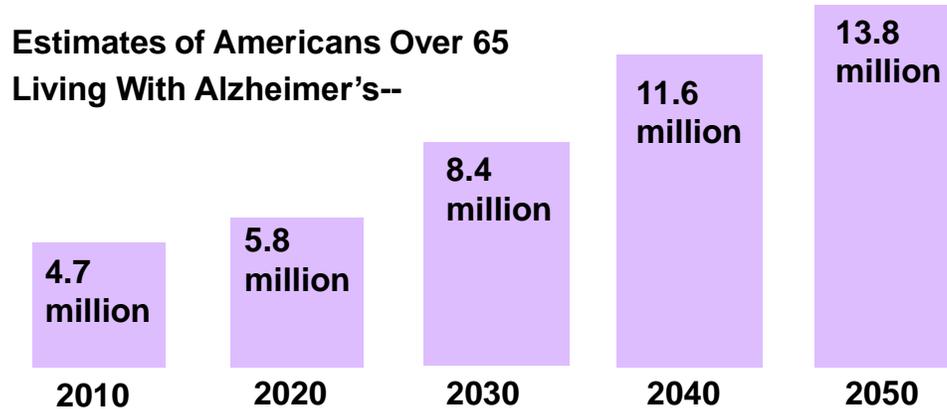
White? Black? Brown? Surely a Lot More Gray

US Population Over 65	% of total
2018: 51,000,000	15%
2030: 73,000,000	21%

Michigan has more seniors than the national average, and Washtenaw has about 48,000 of them.

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More from *Alzheimer's Disease Facts and Figures 2018* Alzheimer's Association



How common is it?

- Roughly every minute, another American develops Alzheimer's dementia
- 10% of Americans over 65 have it.
- 190,000 Michiganders

Alzheimer's \$\$\$\$ Impacts

Our most expensive disease, by far

- Annual nationwide government and private costs: \$277,000,000,000
(Several times more than we spend on all cancers combined)
- Annual value of unpaid caregiving: \$232,000,000,000
- Provided by 16 million unpaid caregivers, working over 10 million full time equivalent jobs
- Estimated lifetime cost of care for a person with dementia: \$340,000

Ten Early Signs Of Alzheimer's (from alz.org/10signs)

1. Memory Loss That Disrupts Daily Life.

Forgetting recently learned information; asking for the same information over and over, and increasingly needing to rely on reminder notes and devices.

What's a typical age-related change? Sometimes forgetting names or appointments, but remembering later.

2. Challenges In Planning Or Problem Solving.

Changes in ability to make and follow a plan, work with numbers, follow recipes, or keep track of bills. Persons may have difficulty concentrating and take much longer to do things than formerly. **Typical age-related change:** Occasional checkbook errors.

3. Difficulty Completing Familiar Tasks

Trouble driving to a familiar location, managing a budget, or remembering the rules of a favorite game.

Typical age-related change: Occasionally needing help to use the microwave or record a television show.

4. Confusion With Time Or Place.

Losing track of dates, seasons and the passage of time. Trouble understanding things not happening immediately. Forgetting where they are or how they got there.

Typical age-related change: Forgetting day of the week.

5. Trouble Understanding Visual Images and Spatial Relationships.

Difficulty reading, judging distance, and determining color or contrast, which may cause problems with driving.

Typical age-related change: Vision changes from cataracts.

6. New Problems With Words.

Trouble following or joining a conversation. The person may stop in the middle of a conversation, or repeat themselves. They may have problems finding the right word. **Typical age-related change:** Occasional trouble finding the right word.

7. Misplacing things and inability to retrace steps

Putting things in unusual places; losing things and accusing others of stealing. This may become more frequent. **Typical age-related change:** Misplacing things occasionally.

8. Decreased or Poor Judgment.

Changes in judgment or decision making such as giving large amounts of money to telemarketers or con artists. Persons may pay less attention to grooming and hygiene.

Typical age-related change: Occasional bad decisions.

9. Withdrawal From Work Or Social Activities

Withdrawal from hobbies, social life, work projects or sports. Trouble keeping up with a favorite team or remembering how to complete a favorite hobby. They may also avoid being social because of the changes they have experienced. **Typical age-related change:** Sometimes feeling weary of work, and social obligations.

10. Changes In Mood Or Personality.

Person can become confused, suspicious, depressed, fearful, anxious; easily upset at home, at work, or where they are out of their comfort zone. **Typical age-related change:** Developing very specific ways of doing things

Dementia vs Alzheimer's

Dementia---The General name for:

- loss of memory or other mental function that impairs daily life
- Caused by any of several diseases or conditions— 100 different possible causes
- Some are treatable, even curable

Specific Causes of Dementia:

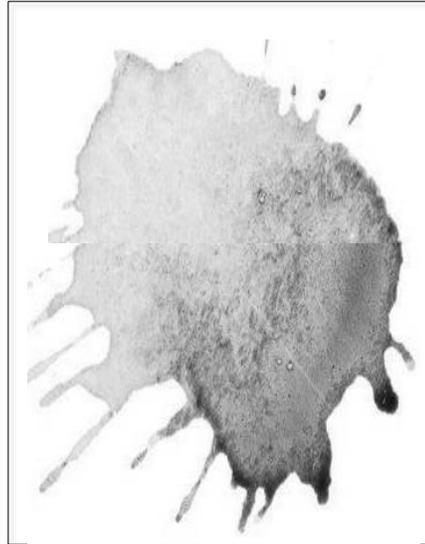
- Alzheimer's Disease (about 70% of dementia cases)
- Vascular dementia i.e. strokes (about 10% of dementia cases)
- Lewy body dementia (10%)
- Frontotemporal dementia
- Parkinson's disease (sometimes)
- Huntington's disease
- Alcohol/drug abuse
- Thyroid and vitamin disorders
- Depression
- Hypoglycemia
- Medication interactions

Why Aren't They "Paying Attention"?

In persons with Alzheimer's, brain cells responsible for memory are damaged.

It's like trying to take notes on paper you've just spilled coffee on.

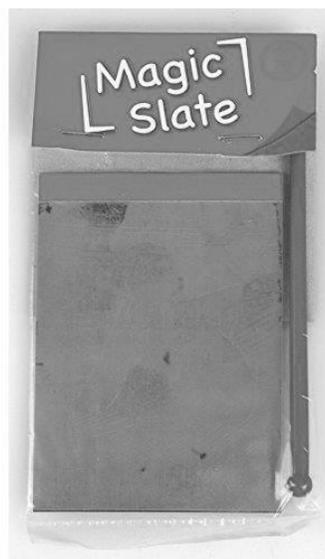
Good luck with that.



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Memory Storage Devices

Even when they do "record" new memories, the brains of persons with Alzheimer's sometimes work like Magic Slates—wiping the new memories all clean in an instant. Pfftt!!



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Actually, The Glass Is Full

You can see the water, not the air, but it's there.

Just so with people.

Look beyond what's obviously missing; see what's still there.

You should always talk to us. We're still in there. Know that you have reached us even if we don't look at you or respond

-A man with Alzheimer's, quoted in *Facing Alzheimer's With Strength and Grace*, AgingCare.com



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Alzheimer's: Storm Damage In the Brain (But It Can't Be Cleaned Up)

- The normal brain handles high speed thought traffic
- Changing thoughts/lanes is easy



- An Alzheimer's-damaged brain, not so much.
- Don't expect a quick response to your question.
- Don't change topics suddenly; they won't follow you.

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Finessing dressing

- “You have your ~~gloves~~ on the wrong hands!”
- “You have your ~~gloves~~ on backwards!”
- “I will put your ~~gloves~~ on for you!”
- “*Those might be more comfortable the other way around
want me to help adjust them a little?*”



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Mysterious Mirrors

- “I can’t use the bathroom, there’s some old lady in there”
- “The lady in the window said I could go outside now”
- Get help from the Klingons
 - Temporarily cover mirrors, artwork, at home, or on travel



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Other Considerations

- Consult Elder Law Attorney/Financial Advisor
 - Power of Attorney (POA)
 - Advance Medical Directive and Do Not Resuscitate (DNR) Directive
 - Finances
 - Don't wait too long..... like I did
- Take care of yourself—the “Second Patient”
 - (S)he needs you at your best
 - Don't wait for your trip to the ER as a warning
 - Take advantage of all available help:
 - That's not weakness, it's being human
- Learn about and watch out for Urinary Tract Infections (UTI)
 - I almost lost Kathleen

*Do as I say,
not as I did*

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Alzheimer's Disease: No Cure Yet

- There's never been a documented cure
- No proven, surefire preventive diet or supplement
- But, healthy eating and living probably lower risk
- Family history/genetics are no guarantee either way

(don't look to DNA testing)

*Use RELIABLE
information
sources, not
hucksters*

*I won't get it,
because.....*

This is never a safe statement

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For Consumers

Home > For Consumers > Consumer Updates

Consumer Updates

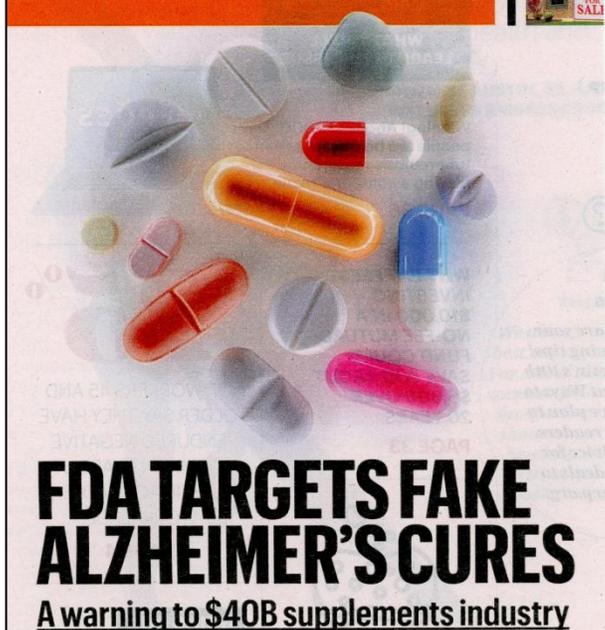
Animal & Veterinary

Children's Health

Watch Out for False Promises About So-Called Alzheimer's Cures

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In the News



FDA TARGETS FAKE ALZHEIMER'S CURES

A warning to \$40B supplements industry

The U.S. Food and Drug Administration warned 17 companies that sell dietary supplements to stop making false claims that their products prevent or cure Alzheimer's disease. "These products may be ineffective, unsafe and could prevent a person from seeking an appropriate diagnosis and treatment," according to a statement released in February.

The agency has sought to reform the supplement industry taken aim at firms claiming their products can cure Alzheimer's, which affects more than 5 million Americans. So far, the FDA has approved effective at stopping or treating the disease.

In the 25 years since the FDA passed a law giving the regulatory authority over the dietary supplement industry, the market has grown from a \$4 billion industry to one that is worth \$40 billion, according to the industry. Today, 4 in 5 older Americans take a supplement.

Outgoing FDA Commissioner Scott Gottlieb said in a statement that some products

These products may prevent a person from seeking an appropriate diagnosis and treatment.

—The FDA

For Consumers

Home > For Consumers > Protect Yourself > Health Fraud

Health Fraud

For Consumers

Warning Letters - Health Fraud

Health Fraud Scams - Be Smart, Be Aware, Be Careful (Video)

Public Notifications and Safety Alerts - Health Fraud

Recalls - Health Fraud

Seizures and Injunctions - Health Fraud

Press Announcements - Health Fraud

Unproven Alzheimer's Disease Products

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The U.S. Food and Drug Administration issued 12 warning letters and 5 online advisory letters to domestic companies that are illegally selling more than 58 products, many that are sold as dietary supplements, which are unapproved new drugs and/or misbranded drugs that claim to prevent, treat or cure Alzheimer's and a number of other serious diseases and health conditions. These products, which are often sold on social media platforms, have not been reviewed by the FDA and are not proven safe and effective for the diseases and health conditions they claim to treat. These products may be ineffective, unsafe and could prevent a person from seeking an appropriate diagnosis and treatment.

For More Information

- FDA takes action against 17 companies for illegally selling products claiming to treat Alzheimer's disease
- Questions and Answers: FDA alerts companies to stop the illegal sale of products claiming to prevent, treat or cure Alzheimer's disease

Some National Dementia Information and Help

- Alzheimers.gov www.alzheimers.gov
 - Feds' main portal for Alzheimer's information
- National Institutes of Health (NIH)/National Institute on Aging (NIA)
 - Extensive information & free pubs
 - <https://order.nia.nih.gov/publication>
- MedlinePlus <https://medlineplus.gov/>
 - Extensive library of diverse Alzheimer's articles, papers
- Area Agencies on Aging: aaa1b.org
 - Government-funded non-profits
 - Help with training, respite care, referrals, other assistance
- Alzheimer's Association alz.org/
 - Information/publications
 - Training
 - 24/7 Volunteer helpline:
 - On-line Support/Message Boards
 - Monthly support groups
- Alzheimer's Foundation alzfdn.org
 - Information/factsheets
 - Training
 - Helpline
 - Monthly support groups
- Fisher Center For Alzheimer's Research alzinfo.org
 - Library of Research articles
- Alzheimer Society of Canada alzheimer.ca
- Association For Frontotemporal Degeneration theaftd.org
- Lewy Body Dementia Association lbda.org
- Dementia Action Alliance daanow.org
("Nothing About Us Without Us")

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Welcome to Alzheimers.gov

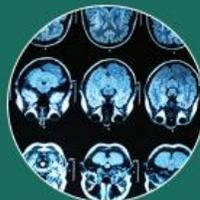
The Federal Government portal to information on Alzheimer's disease and related dementias care, research, and support.



Get answers about Alzheimer's, dementia, and caregiving



Join a clinical trial



Stay up to date with research news



Find resources for healthcare professionals

ADEAR Alzheimer's & related Dementias
Education & Referral Center



If you are interested in learning more about Alzheimer's & Dementia,
please call us at 1-800-438-4380, Mon-Fri, 8:30 am-5:00 pm Eastern
Time or send an email to adear@nia.nih.gov

Alzheimer's Disease & Related Dementias

Basics | Causes | Symptoms and Diagnosis | Treatment | **Caregiving** | Related Dementias
| Resources for Health Professionals | Research and Clinical Trials

Alzheimer's Caregiving

Learn how to respond to changes in communication and behavior, provide everyday care, and get help when needed.



Changes in Behavior and Communication



Everyday Care



Relationships and Alzheimer's



Safety and Alzheimer's



Caregiver Health



Legal and Financial Issues

Medlineplus.gov



alzheimers

X

GO

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[Alzheimer's Disease](#)

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All Results (1,590)

- [Health Topics](#) (23)
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- [National Institutes of Health](#) (460)

Refine by Format

Alzheimer's Disease

Alzheimer's disease (AD) is the most common form of **dementia** among older people. Dementia is a brain disorder that seriously affects a person's ability to carry out daily activities.



AD begins slowly. It first involves the parts of the brain that control thought, memory and language. People with AD may have trouble remembering things that happened recently or names of people they know. A related problem, **mild cognitive impairment (MCI)**, causes more memory problems than normal for people of the same age. Many, but not all, people with MCI will develop AD.

[\(Read more\)](#)

Results 1 - 10 of 1,112 for alzheimers

1. [Alzheimer's Disease](#) (National Library of Medicine)

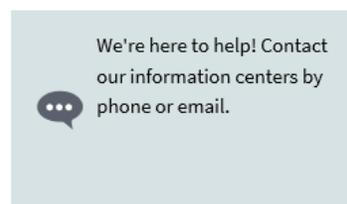
Alzheimer's disease (AD) is the most common form of dementia among older people. Dementia is a brain ...

Home / Health Information / Alzheimer's Disease Fact Sheet

ALZHEIMER'S DISEASE AND RELATED DEMENTIAS
 BASICS OF ALZHEIMER'S DISEASE AND DEMENTIA
Alzheimer's Disease Fact Sheet

On this page:

- Changes in the Brain
- Signs and Symptoms
- What Causes Alzheimer's
- Diagnosis of Alzheimer's Disease
- Participating in Clinical Trials
- Treatment of Alzheimer's Disease
- Support for Families and Caregivers

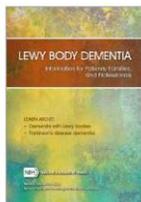


Alzheimer's disease is an irreversible, progressive brain disorder that

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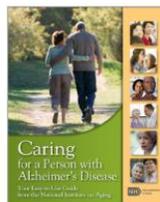
Alzheimer's Disease Publications



Lewy Body Dementia: Information for Patients, Families, and Professionals



Understanding Memory Loss



Caring for a Person with Alzheimer's Disease: Your Easy-to-Use Guide



Alzheimer's Disease Medications Fact Sheet



Alzheimer's Disease Fact Sheet



Biomarkers for Dementia Detection and Research



Alzheimer's Disease in People with Down Syndrome



Legal and Financial Planning for People with Alzheimer's Disease

FIVE 'POCKET' FILMS TO INCREASE UNDERSTANDING OF A 21ST CENTURY EPIDEMIC A QUICK LOOK AT ALZHEIMER'S

한국어 العربية 北方話 北方话 غربي हिन्दी 日本語 português русский язык deutsch français español **english**

SELECT LANGUAGE

1. WHAT IS ALZHEIMER'S DISEASE

Watch on YouTube

Flash-embedded videos are no longer supported, but you can still watch this video on YouTube.

WATCH ON YOUTUBE

TAKE THESE FILMS - PLEASE!

**ABOUT THE CREATORS
ALZHEIMER'S RESOURCES**

These very-short "pocket" films are designed to be viewed anywhere at anytime: a doctor's office, a Congressional hallway, a family living room. Please take them. Put them on your own website or powerpoint presentation; play them on your phone or tablet. They are free for non-commercial use. Understanding Alzheimer's better will reduce stigma, improve care, and help the public fight against the disease.

- **David Shenk**, writer/director
Author, *The Forgetting*

Options

- » Download to iTunes (mp4)
- » Download to Desktop (Quicktime)
- » Download to Desktop (WMV)
- » Embed In Your Own Website
- » Purchase DVD for 70 cents (including shipping)
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SHARE



1. What is Alzheimer's Disease



2. An Urgent Epidemic



3. The Race to the Cure



4. A Message for Patients and their Families



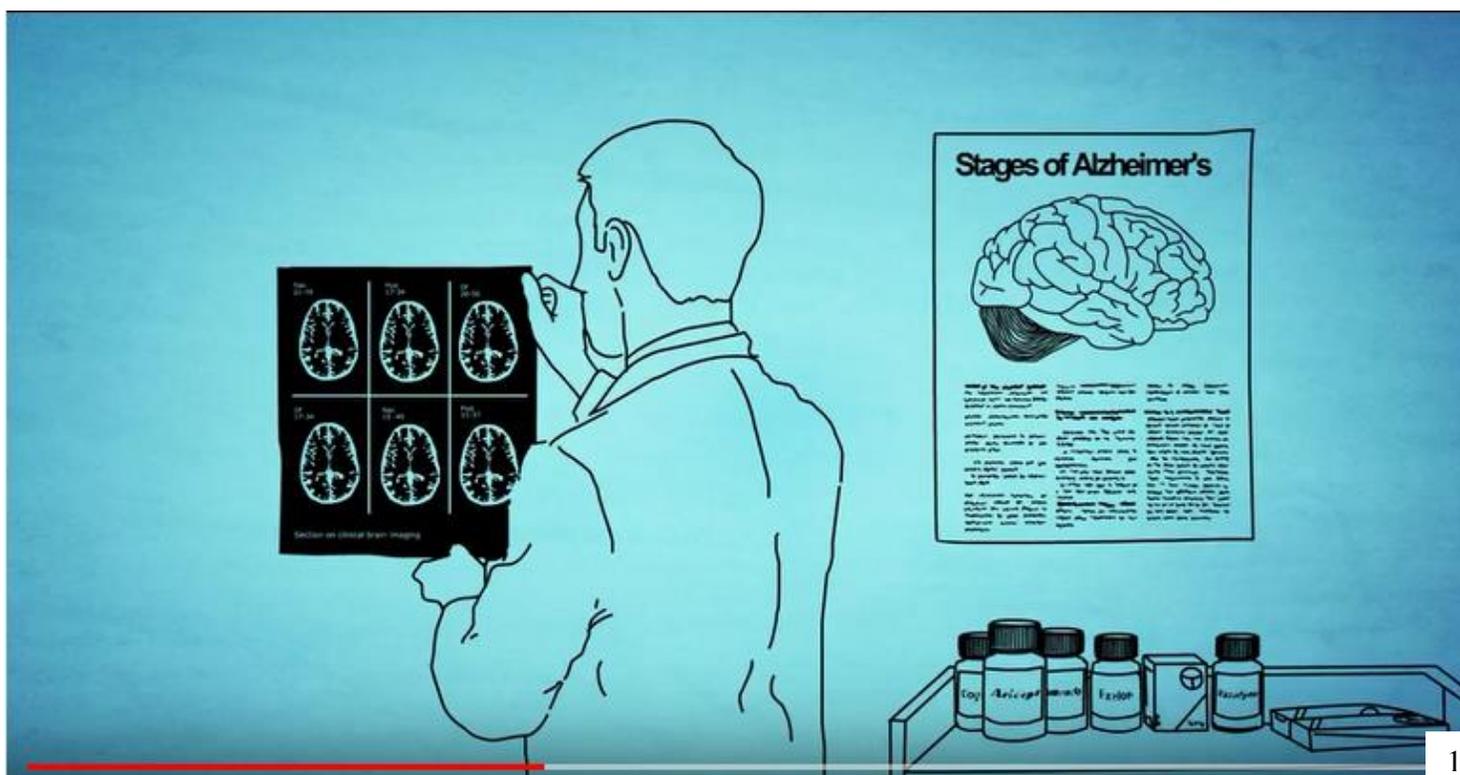
5. The Genetics of Alzheimer's

Developed in partnership with

Alliance FOR AGING RESEARCH

Made Possible by a grant from

MetLife Foundation



Some Other Information Resources

- Long term care planning (Medicaid, Insurance etc.):
Longtermcare.gov
- Legal and Financial Planning:
nia.nih.gov/topics/legal-and-financial-planning
National Academy of Elder Law Attorneys: www.naela.org
American Bar Association, Consumer's Toolkit for Health Care Advance Planning
americanbar.org
Legal Services Corporation lsc.gov
- Caregiver resources:
Caregiver Action Network caregiverraction.org
Family Caregiver Alliance caregiver.org
Aging Life Care Association aginglifecare.org.
- Driver safety:
National Institute on Aging:
nia.nih.gov/health/publication/older-drivers
Hartford Insurance: thehartford.com/talkwitholderdrivers
- The AlzForum: Research-oriented website for scientists, but also links to popular films and documentaries.
alzforum.org/films-about-alzheimers

Sampler of Locally Available Help

- Area Agency on Aging 1b
 - Government-funded non-profit
- Geriatric Care Managers (*Fee-for-Service consultants; costs, services, qualifications vary*)
 - A few examples:
 - SPS Consulting
 - Kennedy Care
 - Alivity Care Advocates
 - See also: MyAlzheimersGuide.com
- Home Care Agencies (*Quality, services, costs vary*)
 - A few examples:
 - EHM Shared Care
 - Visiting Angels
 - Senior Helpers
 - Axiom Home Care
- Elder Care Attorneys and Financial Advisors (*Costs, qualifications vary*)
 - A few examples
 - Legacy Law
 - Dykema
 - Bassett Law
 - See also National Academy of Elder Law Attorneys: naela.org
- Adult Day/Caregiver Respite Programs (*Costs, services vary*)
 - A few examples
 - Brecon Village
 - The Oaks Ann Arbor
 - Silver Club U of M
 - See also National Respite Network: archrespit.org

WHO WE ARE



Helping Seniors, Caregivers and People with Disabilities

Established in 1974, the Area Agency on Aging 1-B (AAA 1-B) is a nonprofit 501(c) 3 organization with a 40+ year history of serving older adults and people with disabilities in southeast Michigan. We serve a six-county region that includes Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties. We are part of a national network of Area Agencies on Aging and a leader in aging services in southeast Michigan—setting the course in providing the services, innovations and advocacy needed to make sure a growing senior population has the resources and supports it will need.

E.g. Confident Caregivers Course

Alzheimer's & Dementia 	What Is Alzheimer's? 	What Is Dementia? 
Facts and Figures	Know the 10 Signs	Stages of Alzheimer's
Diagnosis 	Treatments 	Research and Progress 





Community Resource Finder

Powered by CareLike

Community Resource Finder » Care Options

Get easy access to a comprehensive listing of Alzheimer's and dementia resources, community programs and services.

START YOUR SEARCH

- Alzheimer's Association Programs and Events
- Housing Options
- Care at Home
- Medical Services
- Community Services

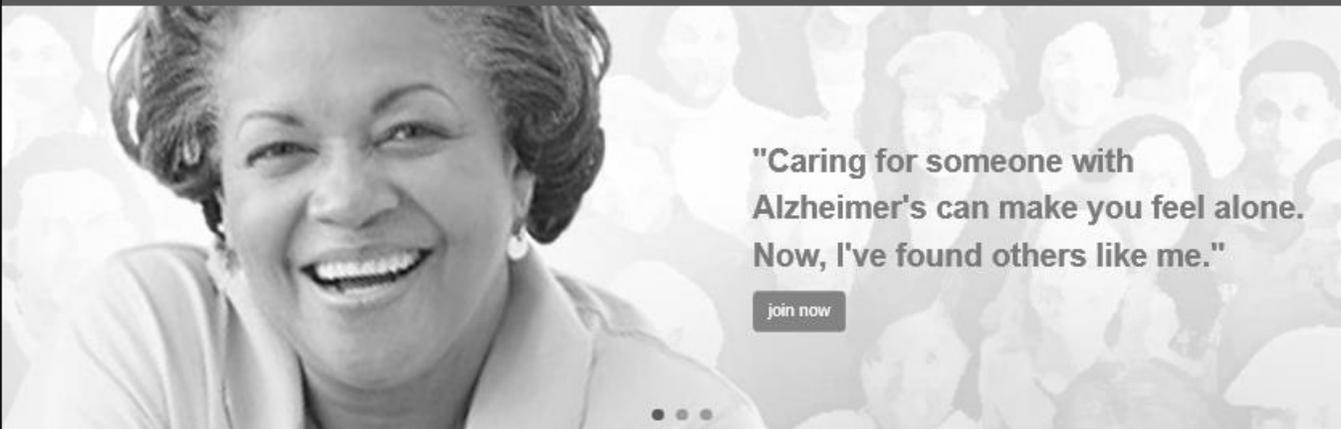
ADDITIONAL RESOURCES

- [How to Use This Tool](#)
- [Learn More](#)
- [Share Your Opinion](#)
- [Provider Support](#)

The Alzheimer's Association does not endorse any of the providers listed here. The information contained in the Community Resource Finder is thought to be reliable but is not guaranteed to be accurate. It is compiled from provider descriptions of their own services as well as other public data sources and is subject to change without further notice. For assistance in how to determine the best care option for your situation, call the 24/7 Helpline at 800-272-3900.

alz connected

[Reset Password](#)



"Caring for someone with Alzheimer's can make you feel alone. Now, I've found others like me."

[join now](#)

View Message Boards from others like you

Caregivers Forum

Moving Advice

My mom was recently diagnosed with mild-moderate Alzheimer's disease and was started on Aricept. We have convinced her to move into an independent living facility. As you can imagine she initially agreed and now does not want to go.

Tell me I'm not alone

Hi, I just stumbled upon this discussion board tonight and thought it would be a great way to help cope with my mother's recent diagnosis of early onset Alzheimer's.

I have Alzheimers

Screening

I pestered the Neuro office and they at least told me that I won't be scheduled for another screening until late fall/early winter. I understand this can be good - maybe the forgetfulness, etc. was due to another cause and it could work itself out by that time.

Early-onset Alzheimer's Disease

I am new to this site, however I just recently started a blog about Early-onset Alzheimer's, as my mother was diagnosed a couple years ago at age 52.

ALZConnected® (alzconnected.org), powered by the Alzheimer's Association®, is a free online community for everyone affected by Alzheimer's or another dementia, including:

- People with the disease.
- Caregivers.
- Family members.
- Friends.
- Individuals who have lost someone to Alzheimer's.

ALZHEIMER'S navigator
alzheimer's association

Map out a plan to approach Alzheimer's

When facing Alzheimer's disease, there are a lot of things to consider. Alzheimer's Navigator helps guide Caregivers to answers by creating a personalized action plan and linking you to information, support and local resources. View a [sample Action Plan](#).



Sign In

For Existing Action Plans:

Email [sign in](#)

Password

[Reset Password](#)

What do you want to know?

Choose one of these topics to develop a personalized action plan.

-  Working with Your Doctor
-  Symptoms
-  Safety
-  Legal Planning
-  Knowledge
-  Financial Planning
-  Caregiver Support
-  Care Options
-  Daily Living

Featured Topic

-  Driving

General Assessment

Not sure where to start?

Complete an overall assessment to help you start your Action plan.

-  [Welcome](#)



Find help in your community by entering your zip code OR city and state.

Zip Code City/State





Trusted Information. Better Care.

About Us

Aging & Health A-Z

Wellness & Prevention

Age-Friendly
Healthcare & You

Medications & Older
Adults

Aging & Health A-Z / Dementia

Basic Facts

Causes

Symptoms

Diagnosis & Tests

Care & Treatment

Lifestyle & Management

Unique to Older Adults

Dementia

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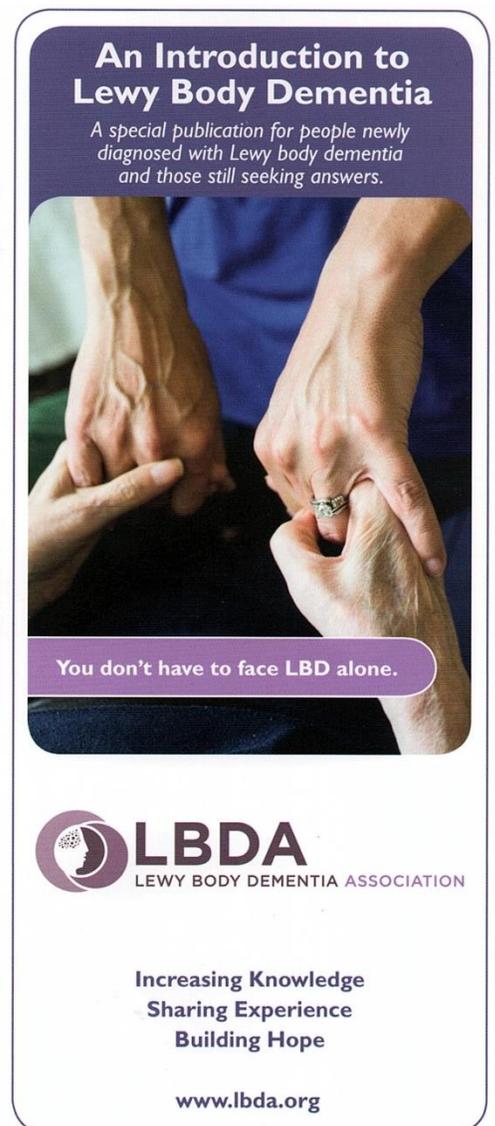
Basic Facts

What is Dementia?

Dementia is a decline in memory and other mental abilities that make daily living difficult. As many as 7% of adults aged 60 and older suffer from dementia.

Dementia takes a toll on those who suffer from it, as well as their caregivers. Along with problems with memory, language, and decision-making abilities, dementia can cause other symptoms. These include changes in mood, such as increased irritability, depression, and anxiety. They also include changes in personality and

About one of the less common types of dementia



— We Are The Alzheimer's Foundation of America —

Agingcare.com Example of commercial entities offering help in locating local appropriate resources. This one also has an extensive forum and online library.

Find the best products designed for those living with Alzheimer's, dementia and for the ones caring for them!

Save on Tax
Sales tax added to orders shipped to FL or NJ only

Free Shipping
Pay only a flat handling rate of \$3.90 per order
*Free shipping on most orders under 15lbs & in the continental U.S.

SHOPPING FROM CANADA? Visit The Alzheimer's Store Canada ALZSTORE.CA for faster, low-cost shipping!

Home > SHOP > Safety for Seniors >

Please Be Patient Alzheimer's Cards



Price: \$15.00

Alzheimer's companion cards can also be downloaded from Alzheimer's Association and other sources

Shop our **BEST SELLERS** MindCare Store's Featured Picks
When your order includes a best seller | Use code BEST to get free shipping on orders over \$40!***
***Some products & orders over 10lbs may be excluded.

Home > All Products

Find the best 'aging in place', memory aids to help improve cognitive impairment...

- MindCare Store's Featured Picks
- By Stage of Dementia
- Activities for Seniors
- Anxiety Relief Products
- Autism Products
- Bathroom Safety
- Books and DVDs
- Clocks, Day Clocks & Alarm Clocks
- Clothing & Adaptive Garments
- Dining
- Doll & Pet Therapy
- Games
- Gifts Ideas for Men with Dementia
- Incontinence
- Medical Equipment for Home
- Music Therapy Products

MindCARE STORE

Stay calm and keep your loved-one safe while providing hours of stimulation to help with Autism, physical impairments or just keeping seniors active, MindCare offers a wide variety of products that can help!

Contact Us...

Another commercial source offering a wide range of products for helping caregivers ensure the safety and contentment of their loved ones

Amazon (you may have heard of them) as well as other companies, also offer various Alzheimer's products.

Jim Mangi's Public radio interview:
<http://michiganradio.org/post/what-it-s-watch-loved-one-early-onset-alzheimers-slowly-slip-away>

Or: Google: Michigan Radio Stateside, then search Alzheimer's

What it's like to watch a loved one with early-onset Alzheimer's slowly slip away

By STATESIDE STAFF • MAR 7, 2018

PROGRAM
Stateside



Tweet



Share



Google+



Email

Extended interview includes our daughter and her personal, and professional, perspective.

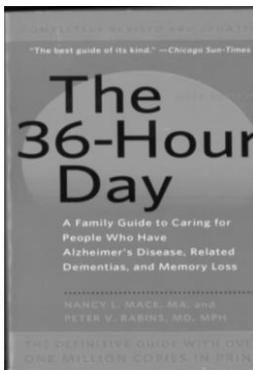


In 2016, Kathleen enjoyed seeing the Grand Canyon for the first time, again.

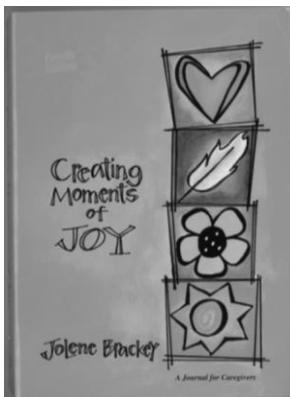
Disease Not A Disgrace™

Jim's Favorites

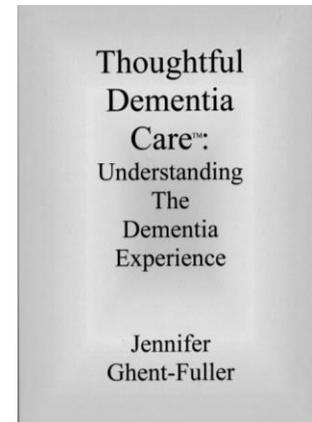
There are many good books on Alzheimer's and dementia, (and some not so good, like the ones that promise preventions and cures). These three were the most useful I have read:



The 36 hour Day by Mace and Rabins. This is a standard, go-to, somewhat clinically written resource.



Creating Moments of Joy by Jolene Brackey. Series of very sensitively written brief chapters of practical ideas, especially, but not only, for later on in the disease, for bringing some brightness, even transitory, into the lives of folks facing increasing mental fog.



Thoughtful Dementia Care by Jennifer Ghent-Fuller. Don't read this first, but definitely read it; it may be the most important. It explains, as best anyone can, how different "Our World" is from the "Alternate World" our Loved Ones with Dementia are forced to live in, and how we can best reach them and help them navigate their new environment. This is a very good, brief, but intense read.

Visit the *In This Together Display* at the Saline Library

Disease Not A Disgrace™

We can't yet cure Alzheimer's, nor should we ignore it.

In partnership with the Alzheimer's Association, Holy Faith Church is sponsoring a dementia awareness program to give individuals and their families reliable information about Alzheimer's and other dementias, caregiving skills, and where to get information and help from multiple sources. With its emphasis on Alzheimer's as a disease, not a personal failing, the program also seeks to dispel its social stigma.

To kick off this program on May 1 and May 4, we present "Alzheimer's: A Disease, Not a Disgrace," a talk by Saline resident Jim Mangi aimed at helping people and families learn about the disease, how to recognize it, how to acquire caregiving skills, and how to get help. He'll do this within the narrative of his own 11-year long (so far) "Unwelcome Journey™" caring for his wife, who developed younger onset Alzheimer's in her fifties.

Information booklets from the Alzheimer's Association and the National Institutes of Health will also be available. **All talks and information booklets are free.**



Visit www.holy-faith-church.org for more information, or see our display at the Saline District Library.

You needn't face dementia alone. The sessions in this program will discuss Alzheimer's and other dementias, caregiving skills, and where to get information and help. Current planned presentations to be held at Holy Faith Church include:

- May 8 - 7-8:30 pm Know The Ten Warning Signs of Dementia*
- May 15 - 7-8:30 pm Understanding Alzheimer's & Dementia*
- May 22 - 7-8:30 pm Effective Communication Strategies*
- May 29 - 7-8:30 pm A Family's Journey: The Perspective of a Person Living with Dementia
- June 5 - 7-8:30 pm Conversations About Dementia*
- June 12 - 7-8:30 pm Understanding and Responding to Dementia-Related Behaviors*
- June 19 - 7-8:30 pm Legal and Financial Planning Concerning Persons Living with Dementia
- June 26 - 7-8:30 pm Brain Changes and Interaction Skills: Pt. 1
- July 10 - 7-8:30 pm Brain Changes and Interaction Skills: Pt. 2
- July 17 - 7-8:30 pm Envisioning a Dementia-Friendly Community

*Presentations in partnership with Michigan Great Lakes Alzheimer's Association